



Power of Prevention Welcome

November 13, 2022
Gates Middle School

www.scituateFACTS.org

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Welcome & Agenda

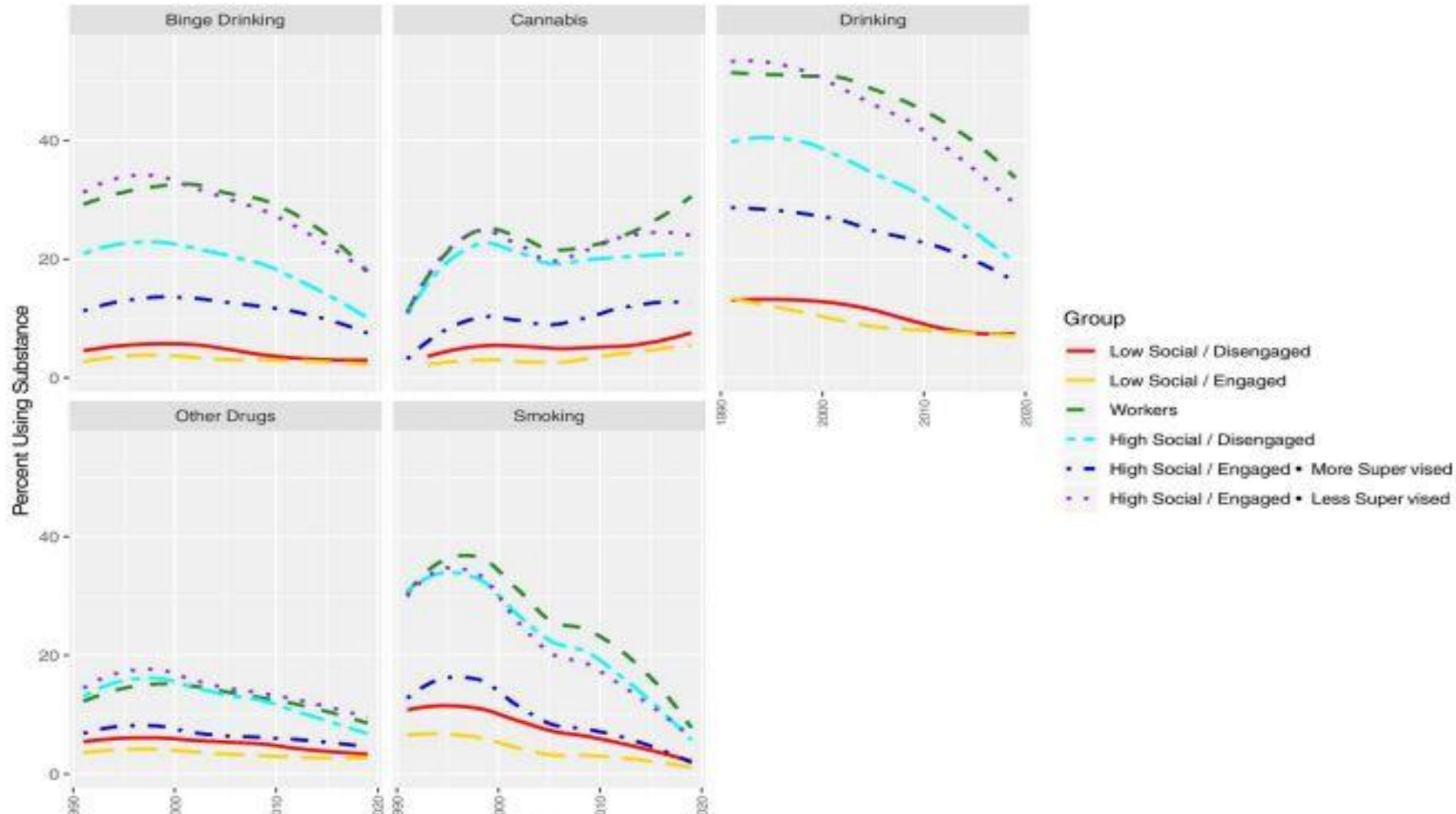
- How it started, how it's going
- Scituate-specific stuff
- Why parents = FACTS 2.0

Guessing Game

How common is substance use among high school students?

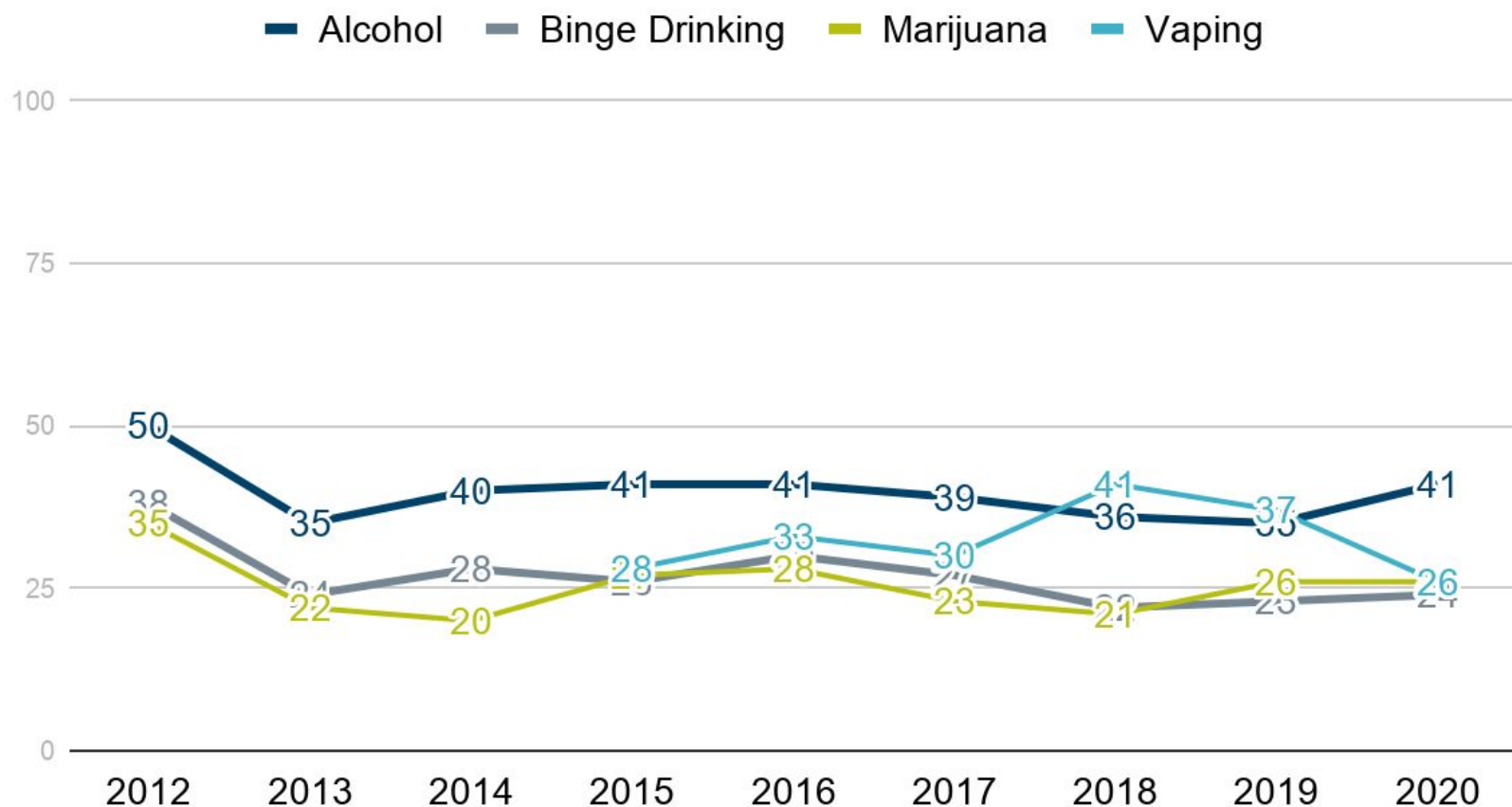
Adolescent Substance Use in the US, Over Time

Past Month Use, Monitoring the Future Survey, 1991-2019



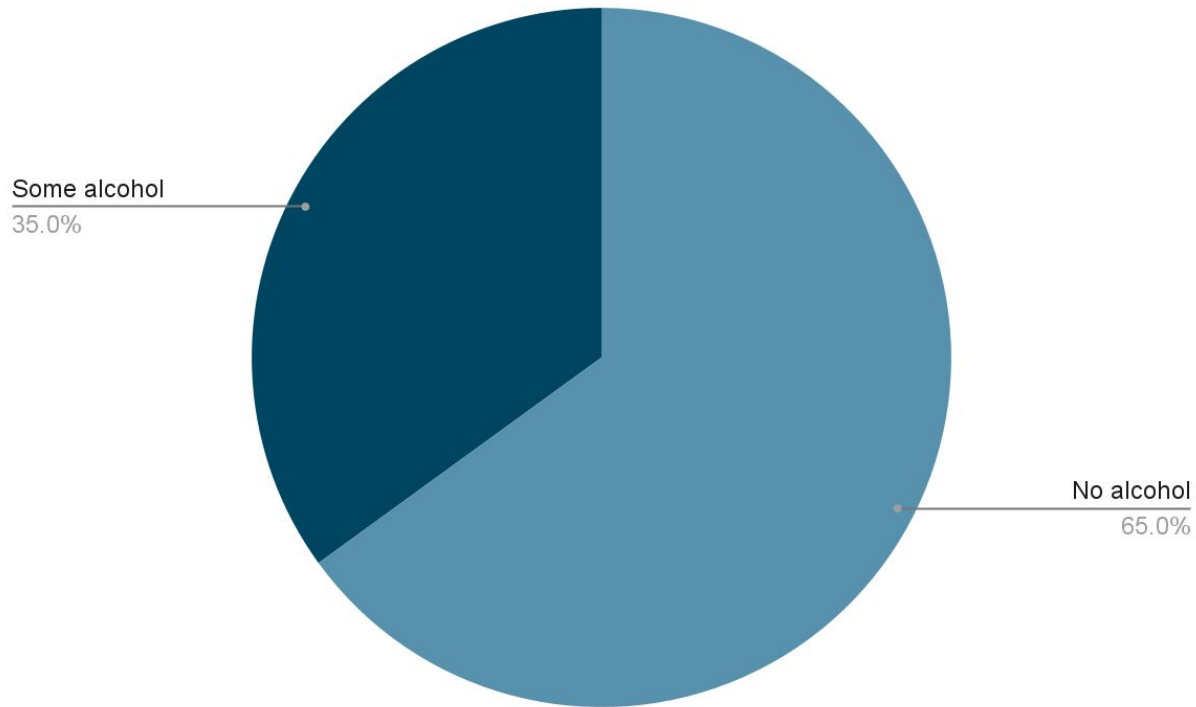
Substance Use, Trends Over Time SHS

Past Month Substance Use



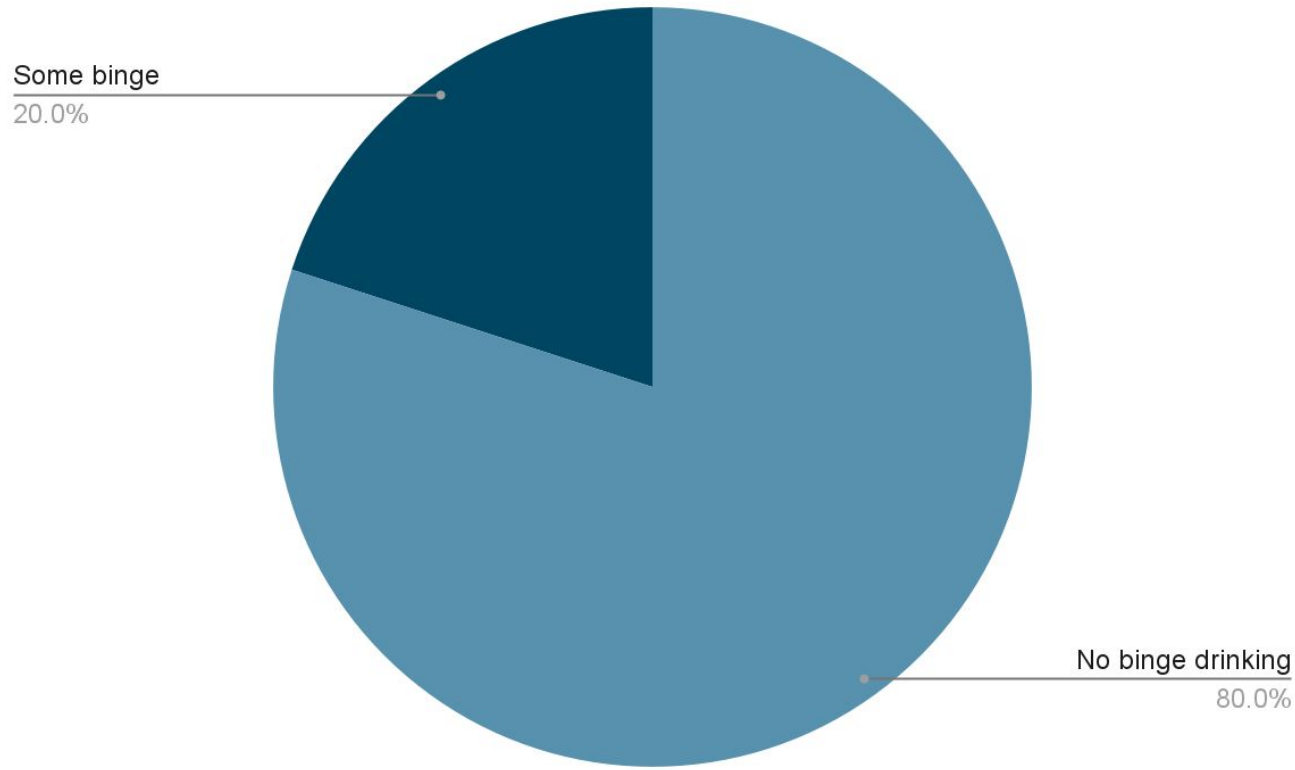
Most SHS students do *not* use alcohol (2022)

In the past 30 days, did you have one or more drinks of alcohol?



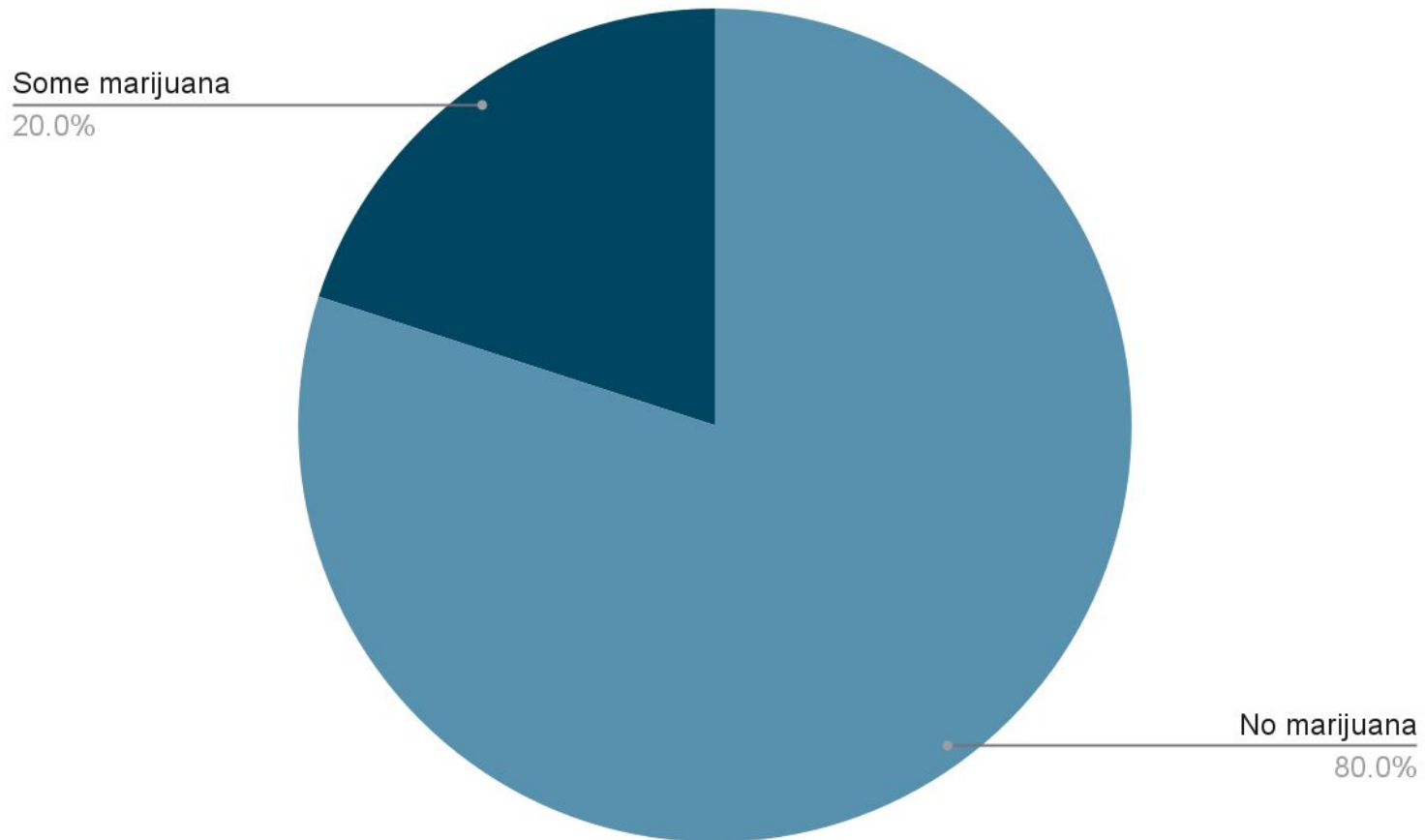
Most SHS students do *not* binge drink (2022)

In the past 30 days, did you binge drink alcohol, that is more than 5 drinks in a row?



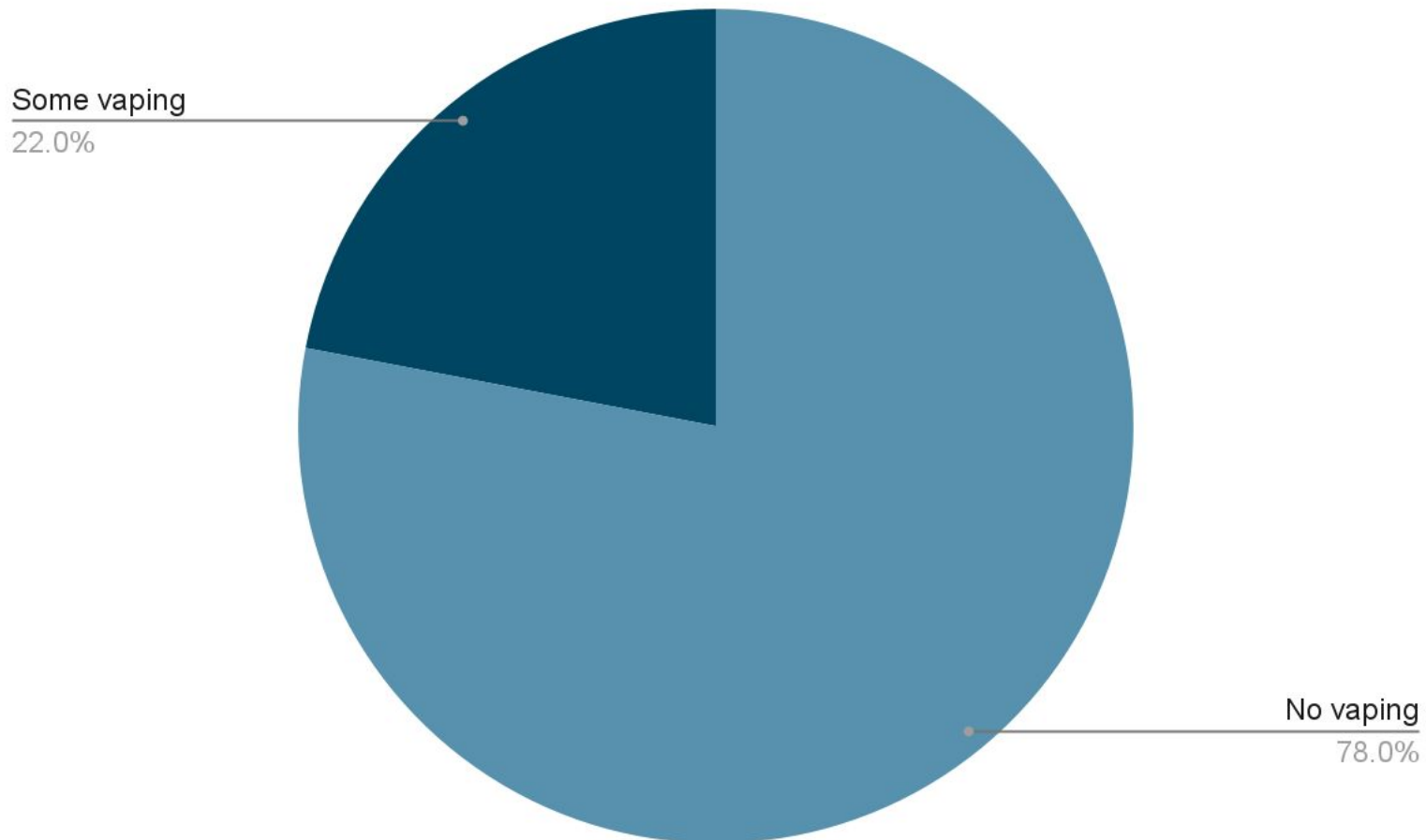
Most SHS students do *not* use marijuana (2022)

In the past 30 days, did you use marijuana/cannabis?

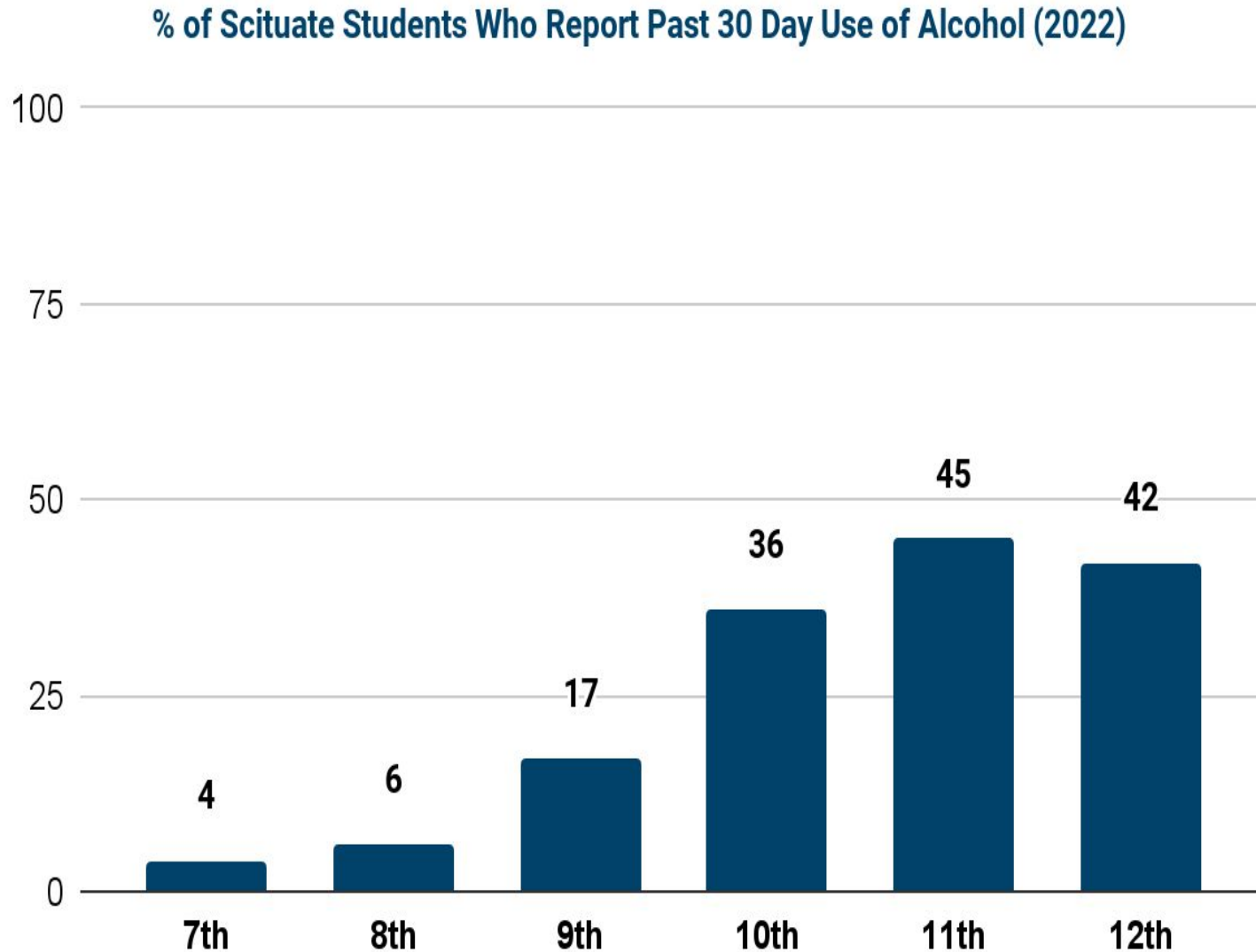


Most SHS students do *not* vape (2022)

In the past 30 days, did you use a vape?



Prevalence increases by grade/age (2022 YRBS)

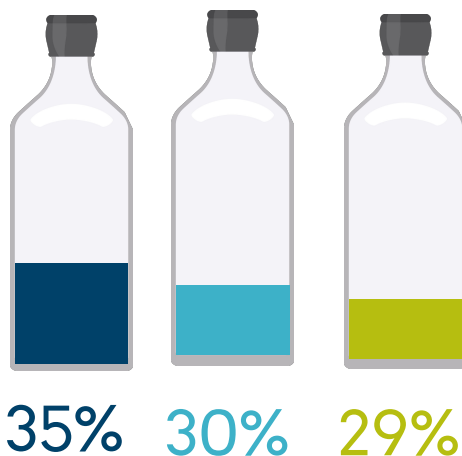


Scituate Summary:

- Late bloomers
- Older teens use at higher rates than peers across state/US
- Drinking behaviors are high-risk

Alcohol Use, 2019

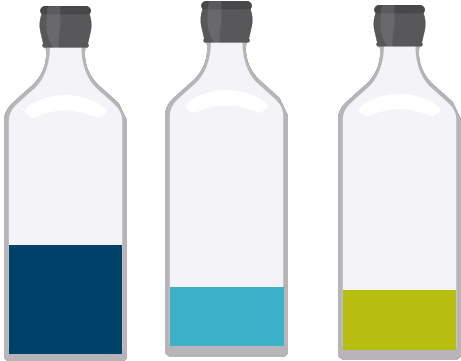
Past month alcohol use (at least one drink)
among high school students



■ Scituate ■ Massachusetts ■ US

Binge Drinking , 2019

Past month Binge Drinking (5 or more drinks in a row) among high school students

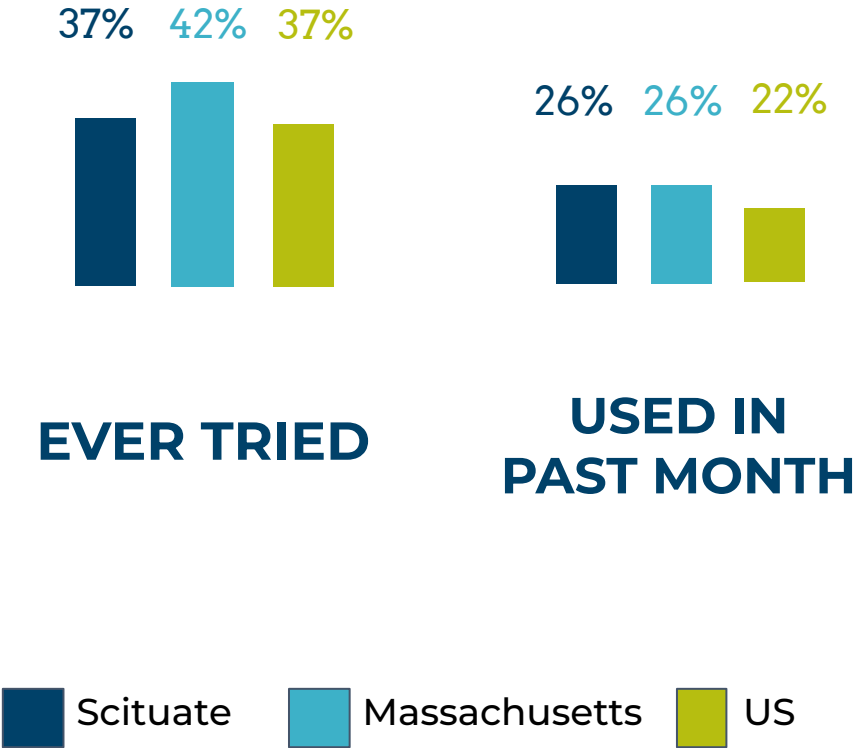


23% 15% 14%

■ Scituate ■ Massachusetts ■ US

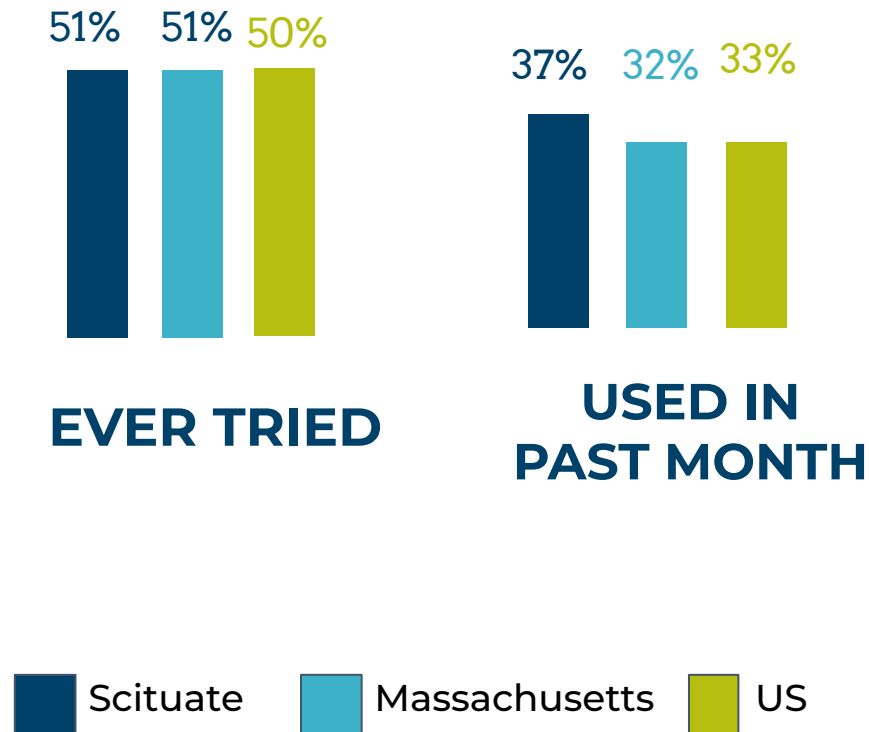
Marijuana Use, 2019

Comparison of Lifetime (ever used) cannabis vs. Past Month (in the past 30 days) used cannabis.



VAPING, 2019

Comparison of Lifetime Vaping vs. Used a vaping product in Past Month





Alcohol,
Marijuana/Vaping,
House Parties, Cars,
Fake IDs...

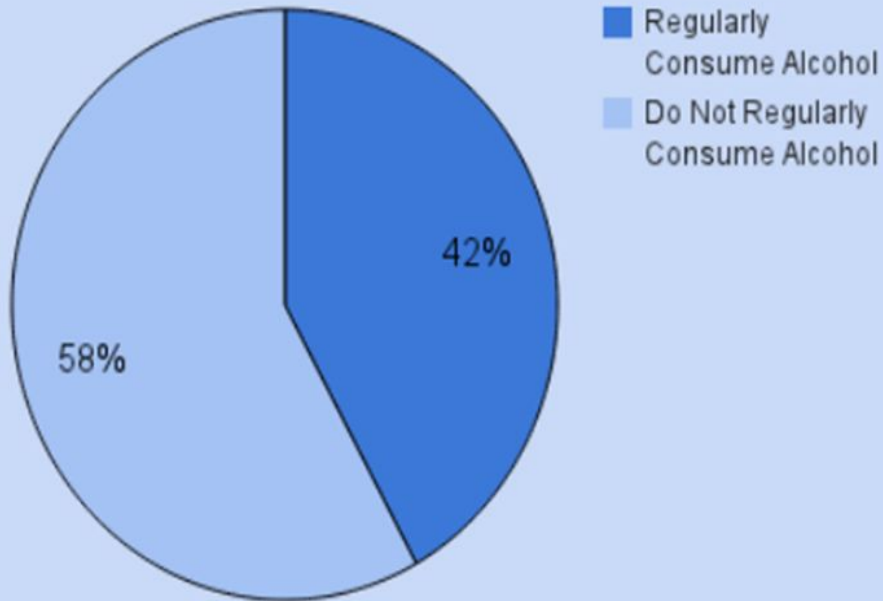


#1 Takeaway For Parents from Prevention Science

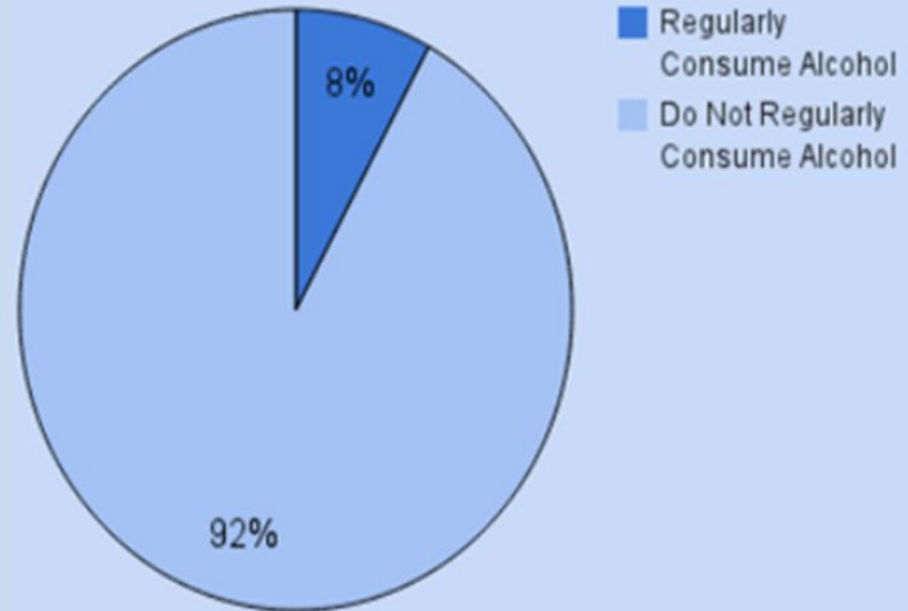
Greg Ranieri

Express Parental Disapproval

Of High School Students Who Perceive Little or No Parental Disapproval of Underage Drinking...



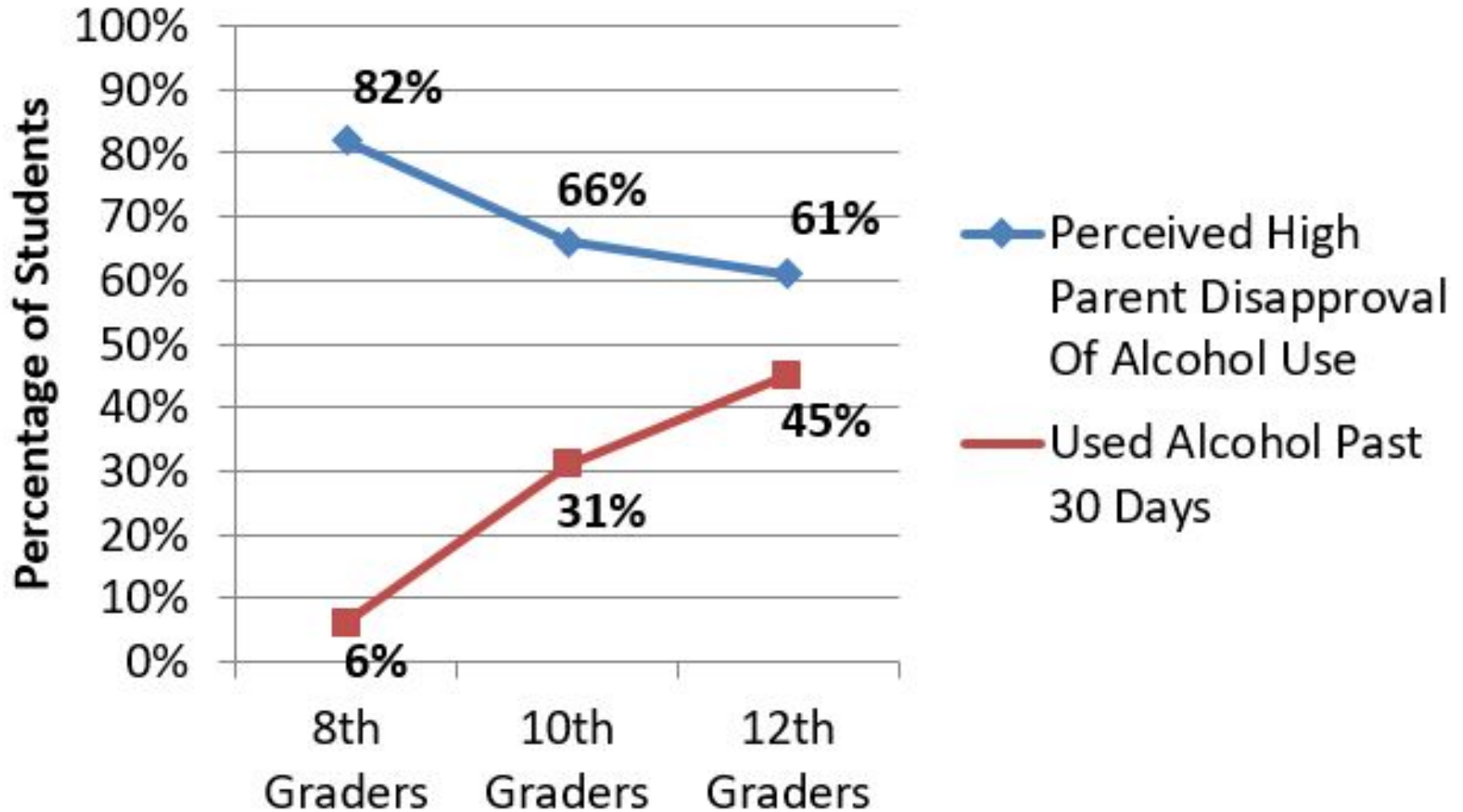
Of High School Students Who Perceive High Parental Disapproval of Underage Drinking...



According to a National Survey by MADD*, if a high schooler perceives that a parent highly disapproves of underage drinking, they are significantly less likely to consume alcohol regularly.

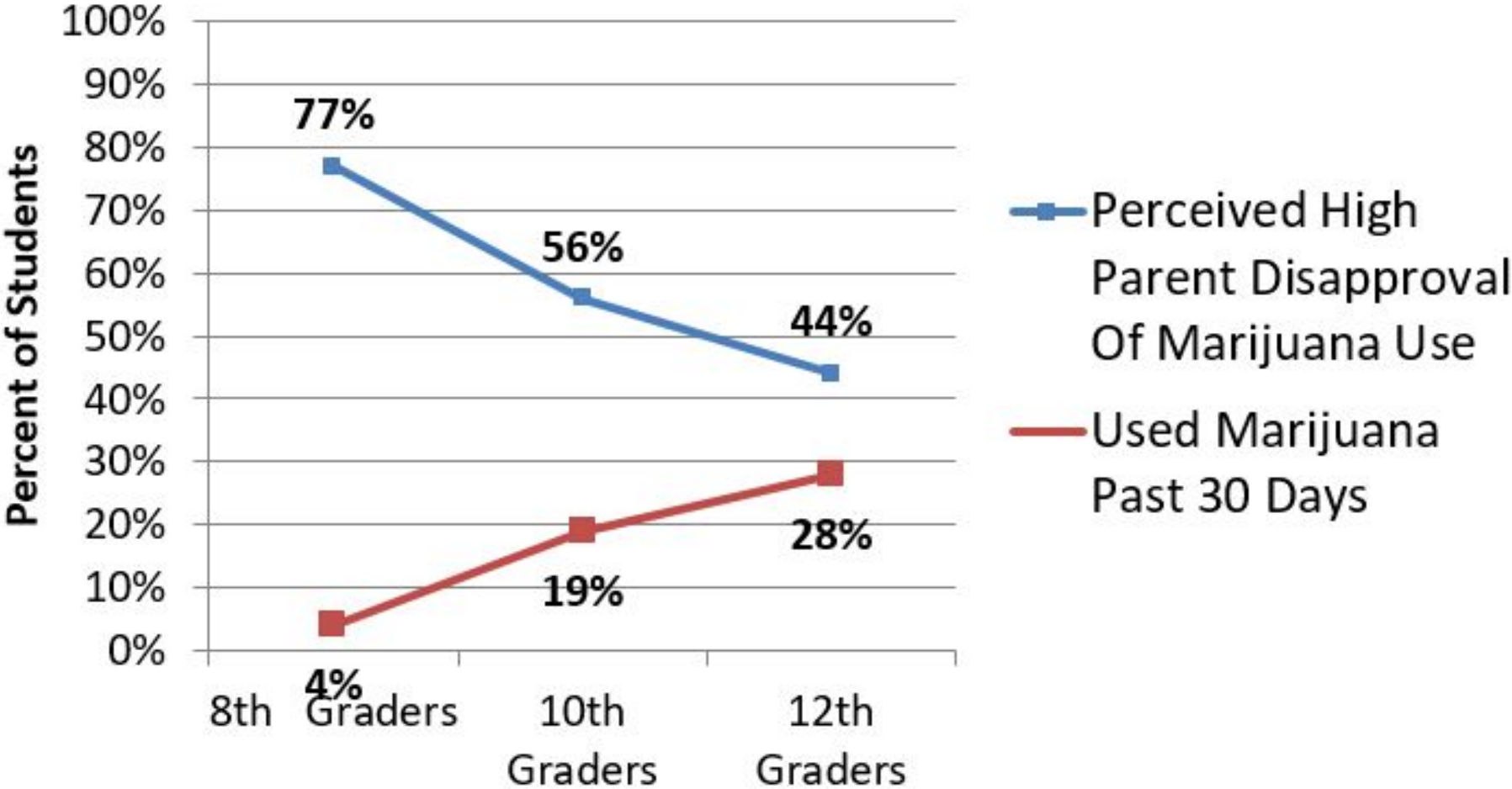
* <http://www.drugfree.org/join-together/alcohol/parents-influence-teens-drinking-decisions-survey>

Alcohol Use and Perception of Parental Disapproval



As Scituate students become older, their perception of parental disapproval of drinking decreases and alcohol use increases.

Marijuana Use and Perception of Parental Disapproval



Again ... As perception of parental disapproval declines as students get older, the use of marijuana increases.

Parents Expressing Disapproval Helps!

Research shows that when parents talk to their teen about the risks of alcohol and drugs, ***those teens are up to 50% less likely to use substances.***

The Partnership at Drugfree.org
www.drugfree.org/prevent

Within the past 30 days:

37% of SHS students have discussed underage drinking with their parent(s).

34% have discussed rules about drinking with their parent(s).

A lack of expressed disapproval by parents is likely to be interpreted as approval by teens.

MA + DAD, Contract

if I do not
smoke till I am 18

GIVE ME

\$50.00 DOLLARS!

Michael A. Ranieri

witness - Jim Ranieri

Paul M. Ranieri

Gregory

Ranieri

I AM 10
NOW

Find tips for having these conversations here:

www.teen-safe.org

www.drugfree.org

www.timetotalk.org

www.parentteenmatters.org

www.underageddrinking.samhsa.gov

www.parentteencommunication.com



Sample Contracts:

[*SADD Contract for Life*](#)

[*Contract for Life Electronic Version*](#)

[*Sample with Consequences*](#)

Take the class!



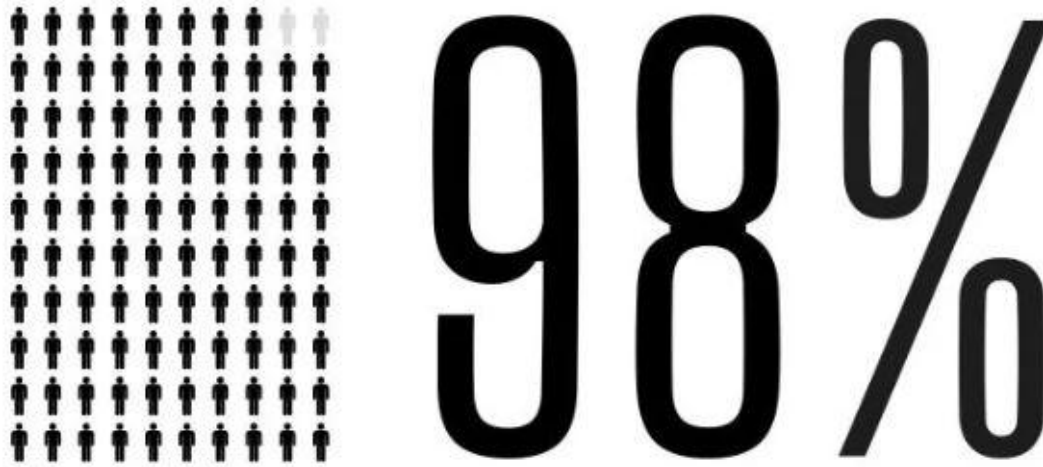
Offered again in January & March



Parents: You are not alone

Annmarie Galvin

More of us than you think!



Only 2% of Scituate parents think it's okay for teens to get drunk occasionally.

Only 2% of Scituate parents think it's okay for teens to drink under the supervision of a friend's parents.

Only 2% of Scituate parents think it's okay for teens to drink without supervision as long as there is no driving.

Let's do this!

